Outline Summary of the Phenomenological Model
Taken from Clark Moustakas, Phenomenological Research Methods, p. 180-182

Processes
Epoche - Setting aside prejudgments and opening the research interview with an unbiased, receptive presence

Phenomenological Reduction
Bracketing the Topic or Question
Horizonalization: Every statement has equal value
Delimited Horizons or Meanings: Horizons that stand out as invariant qualities of the experience
Invariant Qualities and Themes: non-repetitive, non-overlapping constituents clustered into themes
Individual Textural Descriptions: An integration, descriptively, of the invariant textural constituents and themes of each research participant
Composite Textural Description: an integration of all of the individual textural descriptions into a group or universal textural description

Imaginative Variation
Vary Possible Meanings
Vary Perspectives of the Phenomenon: From different vantage points, such as opposite meanings and various roles
Free Fantasy Variations: consider freely the possible structural qualities or dynamics that evoke the textural qualities
Construct a list of structural qualities of the experience
Develop Structural Themes: cluster the structural qualities into themes
Employ Universal Structures as Themes: Time, space, relationship to self, to others; bodily concerns, causal or intentional structures
Individual Structural Descriptions: For each co-researcher, integrate the structural qualities and themes into an individual structural description of the experience

Synthesis of composite Textural and Composite Structural Descriptions
Intuitively-reflectively integrate the composite textural and composite structural descriptions
to develop a synthesis of the meanings and essences of the phenomenon or experience

Methodology
Preparing to Collect Data
1. Formulate the question: Define terms of question
2. Conduct literature review and determine original nature of study
3. Develop criteria for selecting participants: Establish contract, obtain informed consent, insure confidentiality, agree to place and time commitments, and obtain permission to record and publish